Reflection and Self-Assessment

Part 1: Circle the statement that best describes how you completed the practice:

- I answered all questions without using the online solutions. I checked my answers against the key at the back of the practice and was able to determine my mistakes and correct them without referring to the online solutions.
- I answered most questions correctly without using the online solutions. I used the online solutions to help me with some questions and was able, with help from the online solutions, to understand every question and answer them correctly.
- I used the online solutions to help me with most of the questions. I was able, with help from the online solutions, to understand each question and answer them correctly.
- Even using the online solutions, I was not able to fully understand the solution to some problems. The questions I had trouble with were:
- I did not attempt all the questions on the practice.

Part 2: Circle the statement that best describes your confidence in answering questions of this type in the future.

- I am confident I can answer nearly any question of this type correctly without using notes or other assistance.
- I am confident I can answer **MOST** questions of this type correctly without using notes or other assistance.
- I am **NOT** confident I can answer most questions of this type correctly without using notes or other assistance.

Name:

1. Match the following velocity time graphs with descriptions of the motion.



- 2. Sketch a velocity time graph, with values labelled for each of the following situations:
 - a. An object moves with a constant velocity of 5.0 m/s for 15 seconds.

b. An object starts at rest and accelerates at a constant rate to a velocity of 15.0 m/s after 15 seconds.

c. An object moves in the negative direction for 5 seconds at -5.0 m/s, then instantaneously stops and remains at rest for 5 seconds, then moves in the positive direction at 5.0 m/s for 5 seconds.

a.

Time (sec)



3. For each of the position time graphs shown, sketch a velocity time graph with values labelled.

Name:_



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Name:_____
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4. Match the following velocity time graphs with corresponding position time graphs.







- a. What is the velocity of the object at t=2?
- b. What is the velocity of the object at t=14?
- c. What is the acceleration of the object between times t=0 and t=4?
- d. What is the acceleration of the object between t=4 and t=12?
- e. What is the acceleration of the object between t=12 and t=16?
- f. What is the acceleration of the object between t=16 and t=20?





- a. A student claims the object is stationary between t=0 and t=10. What mistake do you think they made?
- b. When is the object not moving?
- c. During what time periods is the object moving with constant velocity?
- d. During which time periods is the object moving in the positive direction?
- e. During which time periods is the object accelerating in the positive direction?

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- 7. Consider the velocity time graph shown.
 - a. What is the velocity of the object throughout this graph?



b. What is the total displacement of the object during the time shown on the graph?



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a. What is the acceleration of the object between t=0 and t=5?

b. Describe the motion of the object between t=5 and t=7.

c. Describe the motion of the object between t=7 and t=10.

d. What is the total displacement of the object?





a. Fill in the blanks:

The object starts with a velocity of _____ m/s. It accelerates at _____m/s² for _____ seconds until it has a velocity of _____m/s. It continues at that velocity for the rest of the time.

b. Determine the total displacement of the object.



- a. A student claims that during the first 5 seconds the object will have a displacement of $5 \times 80 = 400$ m. Why is that incorrect?
- b. What are the units that the calculation should be in?
- c. Determine the actual displacement in metres during the first 5 seconds. [1000m = 1 km, 3600 sec = 1 hr]

d. What is the total displacement during the whole graph in metres?

Name:_____

Answer Key

Note that I have paid any particular attention to sig figs when working with graphs. If you rounded to a different number of sig figs that if fine for this practice. Do however, be sure you are reporting your units correctly.

1a) C	1b) B	1c) D	1d) A	2a) 5.0n/s 3 15 se c
2b)	2c)	3a)	3b)	3c)
4a) B	4b) C	4c) A	4d) E	4e) D
5a) 4m/s	5b) -5m/s	5c) 2 m/s ²	5d)-1.6 m/s ²	5e) zero
5f) 0.75 m/s ²	6a) Thought it was a position time graph	6b) t=14	6c) t= 5 to 10 sec, and t=18 to 20sec	6d) t=0 to 14sec
6e) t=0 to 5 sec	7a) 3 m/s	7b) 30 m	8a) 0.4 m/s ²	8b)20 m
9a) 0.8 m/s ²	9b) At rest	9c) Constant velocity of -2 m/s	9d) -18 m	10a) 5,2,5,15
10b) 125m	11a) Velocity is not in m/s	11b) $\frac{\sec \cdot km}{hr}$	11c) 111 m	11d)340 m